

# Circulation of Meningococcus B in Rennes Métropole : vaccination campaign for 15-24 years old

MARCH 14, 2025

# Get vaccinated !

Vaccination is essential to protect yourself !

## What is meningococcus B ?

Meningococci B are bacteria found in the throat and nose. They are **contagious** and can be transmitted **through airborne droplets or saliva**, in case of close and prolonged contact with a carrier.

The bacteria occasionally invade the body and cause meningococcal infection, which is **an acute severe bacterial infection**. Invasive meningococcal disease (IMD) is a **major cause** of meningitis and septicaemia.

## Invasive meningococcal B infections cause the following symptoms :



Severe headache



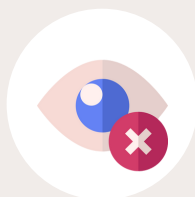
Red or purple spots  
on the skin



Confusion,  
drowsiness



Stiff neck



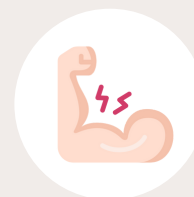
Sensitivity  
to bright light



High fever



Nausea,  
vomiting



Muscle pain  
and joint pain

IF YOU HAVE ANY SYMPTOMS, CALL 15!

## Vaccination process

The Bexsero® vaccine consists of **an initial injection** followed  
by **a second injection** at least 4 weeks later.

Any questions ?

Call the hotline :

**0800 35 00 17**

(free call - open service  
from monday to friday,  
from 10 a.m. to 5 p.m.)



# How does it work ?

Several vaccination options are available :



**By a private breton healthcare professional :**  
doctors, pharmacists,  
midwives, nurses



**In a vaccination center :**  
Beaulieu campus, near Villejean campus  
(at Askoria), Bréquigny high school  
and Rennes School of Business

**If you get vaccinated by a doctor, a pharmacist, a midwife or a nurse in Brittany,**

you will need :



- your health insurance card (carte vitale)
- your insurance card (carte de mutuelle)
- your health record if you have one

If you are a minor, you must present a **parental authorisation signed by both parents** (*model on the ARS Bretagne website*).



If you are vaccinated by a doctor, nurse or midwife, remember to collect your vaccine from a pharmacy beforehand, and bring your prescription with you.

**If you get vaccinated in a vaccination center,**

you will need :



- your identity card
- your health record if you have one

If you are a minor, you must present a **parental authorisation signed by both parents** (*model on the ARS Bretagne website*).



The cost of vaccination by outpatient healthcare professionals is covered by the French National Health insurance and supplementary health insurance, and free at vaccination centers.